

(A Home Study Guide associated with Impact School of Mission)

Study Guide Two // Topic: WHO AM I

A three - part study examining your Life, the wonderful abilities God has given you and the perfect plan He has for your life.

Read and Comment on these Scriptures:

John 10:10 " the thief has come to rob, kill and destroy, but I have come that you may have life and that you may have it more abundantly."

Matt. 22:37-39 "You shall love the Lord your God with all your heart, with all your soul and with all your mind. This is the first and great commandment, and the second is like it, you shall love your neighbour as yourself".

Introduction / Your Thoughts:

Many people do not have any real connection with the amazing person they are. They can see good in others but cannot see any good in themselves. Many people do not like themselves and wish they were someone else.

In this study we are going see how we must become our own 'Best Friend' and support and encourage ourselves to be the best we can be. We are not in competition with anyone. We are our self.

Therefore:

- a) How do you feel about yourself?
- b) Do you ever wish you were someone else?
- c) How does a negative self-image affect your daily life?

Notes:			

STATEMENT: "Let's discover the amazing person God has created and the gifts and talents He has placed in our life; so that every morning we can get out of bed and thank God for the new day. We are not an accident, we are a divine creation of God for His Glory."

This study examines **THREE** critical elements of our created life, each of which will help to build our confidence and fulfilment.

My Value, My Identity and My Destiny.

1. My Value.

There are three needs in every life, that give us the confidence to live each day. These are **Self Worth, Significance and Security.**

Let's examine these Elements in your life:

A) <u>Self-worth</u>. (This is the value someone else places on your life)

Read and Discuss the following Scriptures:

1 Cor. 6:19-20 "or do you not know your body is the temple of the Holy Spirit who is in you, who you have from God, and you are not your own? For you were bought with a price; therefore Glorify God in your body and your Spirit, which are God's."

Rom. 8:38-39 "For I am persuaded that neither death nor life, nor angels nor principalities, nor powers, nor things present, nor things to come, nor height nor depth, nor any created thing, shall be able to separate us (me) from the Love of God, which is in Jesus Christ our Lord."

Question:		
Where does your Self-worth come from? Yourself, others or God?		
What value did God put on our life?		
What value should we place on our life?		

Statement: "It doesn't matter what we think of ourselves or what others think of us . Our Worth has been determined by GOD, therefore we need to CHANGE OUR ATTITUDE ABOUT OURSELVES and begin to look into the Value God knows He has created."

B) Significance. (This is the value you place on your life)

God has a sphere of influence for your life and a contribution that you bring to Life.

Read and Discuss the following Scriptures:

Prov. 5:9-11 "lest you give your <u>honour</u> to others, and your <u>years</u> to the cruel, and aliens be filled with your <u>wealth</u>, and you <u>labours</u> go to the house of a foreigner, and you <u>mourn</u> at last...."

Prov. 18:16 "a man's gift make room for him and <u>brings him before great men</u> "
James 4:10 "humble yourself in the sight of the Lord and He will lift you up."
Question:
How should I consider my life?
Do I recognise areas of significance / influence in my life ?
Is there more God wants to do with my life ?
Statement: "God's plan is to give us an honourable, blessed, and significant life that is totally fulfilling, blesses others, and gives us complete happiness." C) Security. (The feeling of Safety / Protection)
Read and Discuss the following Scriptures:
Isa. 43:1-5 " <u>Fear not</u> , for I have redeemed you, I have called you by your name
vs 5 Fear not, for I am with you."
Prov. 18:10 "The name of the Lord is a strong and mighty tower; the Righteous run to it and are safe."

Comment:

In my life I am safe because	
I can plan my life because	_?
I don't have to fear anything because	_;
MY VALUE : (I have self-worth, significance and security. How does this change relife?)	ny
Conclusion/Notes: When sin entered the world and the relationship with was broken, everything was lost.	God
But because of the Cross:	
"I once was lost, but now I am"	,
"I once was no-one, but now I am	"
"I once was weak, but now I am"	

I AM VALUED, I HAVE VALUE and I AM SAFE. NOW I CAN LIVE.

2. My Identity/Belonging.

(We will never know WHO we are until we know WHOSE we are)

Statement: "Possibly the most significant element for all people, is our sense of identity/belonging. Where did I come from? Why am I here? Who cares about me? Without these issues being resolved, our lives flounder in uncertainty and insecurity. This is a life changing study."

There are 2 Elements of understanding in this study: Adoption and Trust.

A) Adoption.

Read and Discuss the following Scriptures:

Rom. 8:15-17 "for you did not receive the spirit of bondage again to fear, but you received the <u>Spirit of Adoption</u> by whom we cry out "<u>Abba Father</u>". The Spirit Himself bears witness with our spirit that we are <u>children of God</u>, and if children then heirs- heirs of God and joint heirs with Christ, if indeed we suffer with Him we may also be glorified together."

Eph. 1:5 "having pre-destined us to <u>adoption</u> as sons by Jesus Christ to Himself, according to the good pleasure of His will,"

John 1:11-13 "He came to His own, and His own did not receive Him. But to as many as received Him, to them He gave the right to become the <u>children of God</u>, to those who believe on His name: who were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God,"

Discuss Together:
Who are God's own, His natural children?
Why are we adopted?
Are you comfortable with the thought of Adoption?
How does it differ from Natural Children?
Statement: "A natural child has no choice over their parents and parenthood. It is settled by birth."
"However, an adopted child has a choice. While the parents may be sincere in their desire to parent, they have no power unless the child submits to their parenthood. So it is with God."
Conclusion:
What decision do I need to make, if I am going to become a Child of God?
Statement: "Son-ship (daughter-ship) begins when we adopt the Father and

Please take a moment to pray and commit your life to your Heavenly Father and to His Fatherhood for your life.

unconditionally submit to His Fatherhood."

B) Trust.

Read and Discuss the following Scriptures:

Isa. 55:8-9 "for My thoughts are not your thoughts, nor are your ways My ways, says the Lord. For as the Heavens are higher than the earth, so are My ways higher than your ways and My thoughts than your thoughts."

1 Cor. 2:14 "But the natural man does not receive the things of the Spirit of God, for they are foolishness to him; nor can he know them, because they are spiritually discerned."

Prov. 3:5-6 "Trust in the Lord with all your heart, and <u>lean not to your own</u> <u>understanding</u>; in all your ways acknowledge Him and He will direct your paths."

Statement: "Trust is the measure of any relationship. Without trust there can be no relationship. Maybe you struggle to trust God because of disappointments in earthly relationships. Listen, Man will always let you down, BUT GOD WILL NEVER LET YOU DOWN. MAKE A DECISION TO TRUST HIM AND BE FREE."

My Identity/Belonging: Do I need to change my attitude towards my Heavenly Father as we build our relationship together?

3. My Destiny.

(We are not an accident. We are created by God to be the Children of God and fulfil our God-given vision and destiny for our lives.)

Read and Discuss the following Scriptures:

Isa. 64:8 "But now, oh Lord, You are our Father; we are the clay and You our potter. And all we are the work of Your hand."

Ps. 139:14 "I will praise You, <u>for I am fearfully and wonderfully made</u>; Marvellous are Your works, and that my soul knows very well."

Rom. 8:29-30 "For whom He foreknow, He also pre-destined to be conformed to the image of His Son, that He might be the firstborn among many brethren. Moreover, whom He pre-destined, these He also called; whom He called, these also He justified; and whom He justified, these also He glorified."

Comment: I am Destined to be:_	
I am Destined to do:_	

Statement: "With man we cannot win, but with God we cannot lose."

Let's look at the created Elements of your life.

Read and Discuss the following Scriptures and examine each of these elements for YOUR life:

a) Ps. 37: 3-5:

b) Rom. 12:5-8:

The Natural Gifts: Choose as many as apply to your life. (at least 3)

Prophecy Giving

Serving Leading

Teaching Compassion

Encouraging

c) Ps. 139:14:

Personality: Choose one in each line.

Inward Outward

Structured Unstructured

Task People

Leader Supporter

d) 1 Cor. 12:4-11:

Spiritual Gifts: Choose as many as you are familiar with.

Word of Wisdom Miracles

Word of Knowledge Prophecy

Faith Discerning of Spirits

Healings Tongues

Interpretation of Tongues

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Gift of Christ: Choose one as the main expression of your life.

Apostle (sent one from God – Mission Heart)

Prophet (voice of God – Truth and Justice)

Evangelist (Good news from God – Salvation Message)

Pastor & Teacher (Fathers and Mothers of the Faith –

Restoration and Healing)

My Destiny: God has made me perfectly, I have a dream, I have gifts and talents, I have a purpose. Thank God for me.

Conclusion/Notes: Are there any changes of attitude I need to make, as I see
to become the person God had destined me to be?

This Concludes our study on 'Who Am I'.

Final Statement: "I am Who I am, I have Value from God, I have a significant contribution to make in the World and I have a clear purpose for my life.

Thank you Lord for every new day."

Please Note:

All Scripture references are in NKJV.

This study is available in video format on the **Impact School of Mission** website: www.impactschoolofmission.com.